Questions for Final Report

Maria Perez Garcia

Semester exchange programme at PH Zug

1. Support

From PH Zug / the International Office

From the PH Zug, they helped us so much, about giving to us the information of the University. I think that is not so useful to come one week before of the date that the class starts, maybe a few days before, I think two days to have the meetings and to make the tour will be fine. Also I think that they gave us a lot of information every time that we needed. But they should say to the future students which classes will be 100% in English and which ones will be only a 70% in English and the rest in German.

From your classroom teacher (if you completed the internship)

I like how this University is, because I can feel that is like a family. All the teachers helped us to translate everything in English and to explain to us how they work, the final project...

From your buddy

At the first moment everything was so nice. She told us that she had a lot of work, but she was trying to help us the first week. Since the second week she didn't propose us any plan.

I understand that she is in her third year of the degree and it is too hard, and also she has work apart from the University. But I think if you have decided to be a buddy for exchange students you should help them and show them every single place at list of Zug.

We met a classmate from first year and he is now our friend, he propose us so many plans and also he was always saying about going to visit so many places, I mean he showed us the culture of Switzerland.

She was also our German teacher. Her knowledge was good, but her attitude no. By the way she started showing us some initial questions but she started to teach us the name of different kind of food. At the fourth class I said to her to change the topic and to learn some questions and answers to be available to establish a conversation with someone from Switzerland. I am not saying that what she was teaching to us was unnecessary but I think that it was more important to learn some words to try to understand the others. Also we only had around four or five lessons in total.



2. Accommodation and living situation

Finding accommodations, type of accommodations, cost

It was too easy, because another student from my University that she was here last year, told me that she lived at the Kloster, Maria Opferung. Because is the cheapest option to live here in Switzerland.

Also the international Office of the PH Zug offered us the option to live at the Kloster.

Approximate monthly living costs

The Kloster costs per month 450CHF and the groceries per month can costs around 100CHF. Apart of this you can spend around 200CHF per month in your own stuff, go out to have dinner...

3. Overall programme

• Program at PH Zug (lectures etc.)

The program was so good, but I think that the University need to improve the hour of sports because with the other classes for exchange students is difficult to go as much as they want to everywhere.

Teaching practice program

It was wonderful. I had the opportunity to go to ISZL, and I think is the best school that the university can offer to exchange students because you can see different methodologies to teach and to learn.

I would like to say that I had the opportunity to have Olivia Green as our Mentor of our Teaching Practice, and I think she was a good teacher for us. She encouraged us all the time and she had been interested in everything that struck us or in whatever that we wanted to share with her.

Also I think it will be helpful for the exchange students to know before they go to Switzerland the name and the methodology of their School Teaching Practice.

Challenges you faced

At the beginning was difficult for me to do the grocery because everyone talks in German but later was easily for me.

It was difficult for me at the beginning to get used to the culture of here, because it is so different from Spain culture. Above all, it was difficult for me the differences of the hours, because in my hometown we use more hours of the day and also in my hometown is sunny all the day, so this differences were difficult for me.

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4. Personal evaluation of the stay

Benefit for your future studies and career

I think that this experience had been so useful for my future, because I have improved my English, I learn how to live alone and how to be careful with the money, also I have learnt the most important thing, that is which kind of teacher I want. To be in the future. Having the opportunity of teaching at ISZL made me realized of what I want in my future, also I have realized that talking with the children in English had been so helpful to improve more my English.

Recommendations for future students

I recommend this experience because you have the opportunity to learn more about yourself, to learn about how to be a good teacher, how they work at Swiss schools, which curriculum do they use to teach, also the opportunity to learn more from another methodology like ISZL follows.

Personal evaluation (3 positive and 3 negative points)

Positive points: I have improved my English, I have learnt so much from the ISZL and studying abroad helped me to realized that I am more resolutive that I thought.

Negative points: At the beginning was hard to change my mind from Spain to Switzerland, I thought that it wouldn't be as expensive as it really is and we didn't have the option to visit more places with our buddy.

Of course, you can also add more details to your report if you wish.

We look forward to reading about your experience, which will help us to further develop our programmes for the benefit of all participants.