

# LAURA ROMERO MARTÍN

## 1.Support

### From the PH:

The support from the university has been quite comforting and positive, they have always been willing to help me when I have had any kind of problem.

### From my classroom teacher:

In the first classes the support of my internship tutor was excellent and she was always willing to help us with anything we needed. Then this support became less and less and I felt that we drifted apart a bit. The last few classes I have been in a different classroom so I haven't seen much of my tutor. The support for learning could have been much more.

### From my buddies:

At the beginning of the semester we did a lot of things together and they helped us a lot with migration problems we had, but after a while we hang out a little less, maybe once y two weeks or so. But in general, their support was perfect and they have been always there when we had needed them.

## 1.Accomodation.

I have stayed in Kloster Maria Opferung, a monastery located 2 minutes away from the PH, so the distance with university was good and comfortable. Also, it was a little bit far from the city centre and sometimes we had to walk home because there were no buses, so it was a little bit exhausting. The cost of the Monastery was 450 CHF per month, which is very cheap for Switzerland. There are more options in the city centre or so but they are more expensive.

## 1.Overall Programme

### Programme in the PH

the programme in the ph seems to me to be very different from the programme in Spain. The classes are very well structured and the students have a wide range of possibilities. It's true that as the term has progressed we don't have so many subjects so we had Mondays and Wednesdays free and the days were a bit long.

## Teaching practice programme

The programme at the ISZL school where I am doing my internship is quite organised and has everything in its place. It reflects the society in Switzerland as everything flows very well because everyone is very clear about their place and their task. The school

programme has been very comfortable, and I have always known where to go. I also had the opportunity to go to a primary school class to observe how they work there.

## Challenges

The biggest challenge for me here in Zug has been the language, as it is a barrier between me and the people I wanted to get to know. It's a bit weird to have to tell everyone you talk to that you don't speak German, so you prefer English. Not everyone here can speak English so sometimes it's a bit difficult to make friends. Another challenge I have witnessed is also related to language but this time with English, as I have had to interact with the children in my internship class in English, and it is a bit complicated when it is not my mother tongue.

### 1. Personal evaluation

#### Benefits for the future.

The benefits I see for the future from this experience are above all the ability to be more independent from now on. Living abroad gives you the tools to be much more mature and to make decisions on your own. Besides the personal aspect, academically and professionally in the future I will have much more capacity to defend myself in the classroom and much more resources to be the teacher I want to become.

#### Recommendations

My recommendations to future international students coming to study in Zug is to try to get out of your comfort zone as much as possible; to explore the city and the mountains, to travel, to meet people.... You have to make the effort to do things you are not used to, but this is what will lead you to new experiences to tell about. In Zug, my top recommendation is that they find cheap places to eat and do leisure activities; that they meet local people so that they can show them the most beautiful places and affordable prices.

#### Personal

POSITIVE ASPECTS	NEGATIVE ASPECTS
New experiences, new people, new language...	Different language
Learnings for my professional and academic life	Not knowing anyone
Ability to be on my own and make my own decisions	Feeling far from home













