

Erasmus Journal

1. Support

☒ From PH Zug / the International Office

☒ From your classroom teacher (if you completed the internship)

☒ From your buddy

Lynne was so kind to us, she made contacting her super easy. If we had any problems she helped us and arranged calls immediately. We appreciated how understanding she was with us. All of the lecturers were extremely helpful and kind to us when doing lectures through English, especially all the help from Andrea.

Tina was my classroom teacher in ISZL, she was amazing! I learnt so much from her, she is an amazing teacher and extremely professional. She was so helpful with all my lessons and gave me great feedback. I really enjoyed being in her class and learning from her. This experience was one of the best of the whole Erasmus and I would recommend this to anyone next year.

Our buddy was Destiny, she was very kind to us. She always stopped to talk to us or eat with us. Any questions we had she would try her best to figure out.

2. Accommodation and living situation (max. 1/3 A4 page)

☒ Finding accommodations, type of accommodations, cost

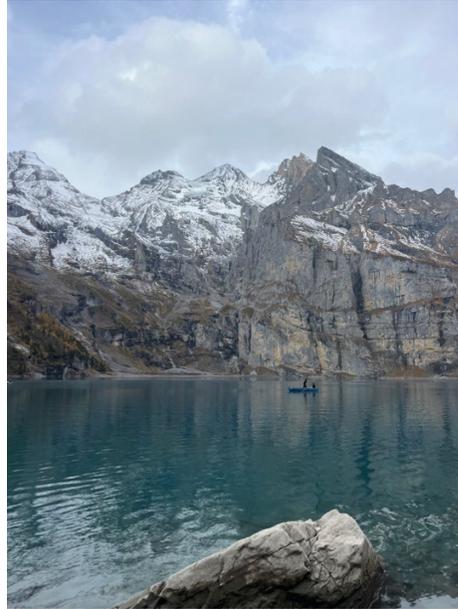
☒ Approximate monthly living costs

We found it quite difficult finding accommodation in Zug, we had been told by past students to look in Luzern as there is much more student options there. For next year it would be helpful if the office could have more options for students looking to live in Zug and Luzern. We couldn't get into any of the student accommodations as they were all a 6 month minimum stay. This made it difficult with expenses. We used the wgzimmer website and found a Shared apartment there. We recommend living in Luzern it is a great town, we got to go to all of the ESN Luzern events here that were close by. It allowed us to go out and meet more people that we lived here that we don't think we would have got that experience in Zug.

Living costs: Rent was CHF900 per month. 3 and a half months CHF 3150.

Travel card: we used the GA as we could travel around all of Switzerland and the pass allowed this, no need to book tickets. This was CHF 295 per month.

Food shopping: Me and my friend worked together on food shopping which made it a little bit cheaper I would say on average I spent about 40 CHF a week.



3. Overall programme

☒ Programme at PH Zug (lectures etc.)

☒ Teaching practice programme

☒ Challenges you faced

We enjoyed most of our classes, we found the lectures to be interesting. In the beginning we only chose one class that mixed us with other students (Special Ed) which we really enjoyed and recommend. Carolas class was interesting, and she was extremely helpful towards us. The mentoring class for teaching was also extremely helpful for planning.

After speaking to the international team we could change this and we had a much better experience when mixed with other students. Our experience was to meet more people and people that were from Switzerland, so it is important that we were mixed with new students. Many of the students were happy to speak to us in English and learn through English.

The teaching practise programme was amazing, I learnt so much and really enjoyed going to the school. This was my favourite part of studying here.



4. Personal evaluation of the stay

☑ Benefit for your future studies and career

☑ Recommendations for future students

☑ Personal evaluation and conclusion

I have learnt a great amount about teaching from the teaching practise each Tuesday. This was an amazing experience, I will use the skills I learned here in my future teaching. It opened my eyes to the possibilities of teaching and the experience you can have teaching in another country. Also experiencing how special Ed is taught here and the different areas of expertise was extremely helpful for us as teachers. Living in a different country was amazing to opening her eyes to new things and cultures.

Students should do the teaching practise module and the special education module. Students should attend events with ESN Luzern as they do all sorts of events that are super fun. If you can, look into living in Luzern as it is a 20 min train to the college. We really enjoyed living in Lucerne and it was great for visitors to experience a lively town.

Overall, living in Switzerland was an amazing experience. I have learned so much about the country and the education system. I have had the opportunity to travel to so many places around Switzerland and see how beautiful it is. I recommend this to future students and to get involved with as much as you can while you're here! The views are always amazing so travel as much as you can!

